

## 2024 Guide For Entrants **Community Groups**

#### Find us online

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## Who are we?

Kent Wildlife Trust is the leading conservation charity in the South East and one of 46 national Wildlife Trusts.

For over 60 years we have been saving and improving habitats to ensure that Kent's wildlife can thrive and people can enjoy the natural world around them. With your help, we can continue to do this for generations to come.







We work with landowners and developers.

We run education programmes for people of all ages.

We manage over 80 reserves and nearly 10,000 acres.

#### Our vision

To ensure that 30% of Kent's land and sea displays increased climate resilience and contains abundant wildlife.



We defend and restore Ensure that Kent Wildlife Trust Group (KWTG) is delivering the highest possible impact in the face of habitat loss and

climate change.



We inspire and collaborate Build a groundswell of support for Wilder Kent 2030, scaling up our engagement to reach a larger, more diverse range of people.



#### We strengthen and grow

Diversify KWTG's income sources and strengthen its systems, whilst operating sustainably.

# Wilder Kent Awards

#### Background

The natural world isn't just something for us to enjoy; it sustains us. The decline in nature puts our very survival and prosperity under threat. It doesn't have to be like this, together we can create a Wilder Kent.

We are delighted that you are considering entering the Wilder Kent Awards and joining the other wonderful community groups that are doing their part to make a Wilder Kent. We can't wait to hear about all of the ways you are helping to restore nature by taking positive action to promote a Wilder Kent.



#### Entering

All of the award criteria are outlined in this guide and there are multiple award tiers (commendation, bronze, silver and gold) that can be achieved. The more criteria you meet, the higher your award will be.

By entering, you will be showing your ambition to connect people with nature and protect wildlife for the future. Any achievement is a helping hand for wildlife and the scheme allows you to increase your award level year on year so you can help wildlife for as long as possible.

No matter how many criteria you can meet we would like to thank and congratulate you for your efforts in helping to create a Wilder Kent.

# Why enter the Wilder Kent Awards?



#### There are many benefits to entering:

- Help tackle 'Nature deficit disorder'.
- Improve your health and well-being, physically and mentally.
- Personal satisfaction that you have made a real difference.
- Safeguard nature and wildlife for future generations.
- Enjoy new experiences and learn new life and craft skills.
- Spend time in the fresh air and appreciate nature.

#### Get started!

There are dozens of ideas over the next few pages for simple things you can do to start making an impact and help us create a Wilder Kent.



### GET INVOLVED ▲ Protect wildlife

Protect wildlife in your community by creating and developing new habitats that provide food, shelter and water to support nature. Work together to advocate for our natural environment.

#### You could . . .



Have a wildlife garden / space supporting a range of wildlife.

Learn more



Install and maintain hedgehog boxes where appropriate.

Learn more



Leave food for wildlife during winter months. Learn more



Ensure areas of long grass are left to provide wildlife habitat on site.

Learn more

Install and maintain

bat boxes where

appropriate.

Learn more



Install and maintain bird boxes where appropriate.

Learn more



Install and maintain minibeast homes at all suitable places.

Learn more





Ensure that no chemicals are used on the gardens or wild areas.

Learn more



variety of wildlife.

Learn more



Install simple water sources for wildlife and keep them clean.

Learn more



Influence others to maximise impact and available space for wildlife.

Learn more



Write to your MP about a local wildlife or climate issue.

Learn more

Learn more



Carry out litter picks both on your school site and in the local community.

Learn more



Have a Wilder Kent

committee made up of staff

and students that meets

regularly and monitors actions.



Conduct surveys to identify wildlife and monitor it within your project.



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### **GET INVOLVED Z** Sustainability and carbon reduction

Improve the environmental sustainability of your organisation and its members to reduce your carbon footprint.

#### You could . . .



Promote recycling within your group.





Learn more



Reuse and re-purpose old materials to help wildlife. Learn more



Where possible, recycle and reuse organic matter to create habitats on site (e.g dead hedges, leaf piles).

#### Learn more



Promote energy saving solutions within your group. Learn more



Encourage people to turn off their car engine whilst sat waiting in traffic.

Learn more



devices in any older

toilets and washrooms.

Learn more





your group's energy consumption.

Learn more



Ensure that energy from renewable sources is used on the group site.

Learn more



Create a policy to eliminate single use plastic within your group. Learn more



Monitor and improve your group's water consumption. Learn more

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Encourage your community to purchase locally sourced food. Learn more



Use butts to capture rainwater for use in gardens and community areas.

Learn more



Advocate for a meat free day a week and share information on why it helps.



Encourage water and paper saving devices in toilets and washrooms.



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## GET INVOLVED **Engage with nature**

Learn about the wildlife in Kent and how we can support it. Deliver activities that engage and inspire others to get involved with their natural environment and support nature.

#### You could ....



Have a 'Wilder Kent Champion' promoting the awards and your actions to the group.



Ensure that members have a chance to learn about Kent's wildlife Learn more



Encourage people to grow nectar rich plants at home and consider providing free seeds. Learn more



Carry out a fundraising day to help out a wildlife or conservation charity of vour choice.

Learn more

Don't stop there!

vour local area?

Engage with the wider community in creating wild areas locally for all.

Learn more



Engage with campaigns and projects like our 'Action for Insects' initiative or 'Wilder Blean' project. Learn more



Organise group visits to local nature reserves and sites. Learn more







Plant native trees, hedgerows and shrubs. Learn more

Run regular outdoor learning sessions often and encourage working outside.

These pages have given some good ideas for how you can help Kent's wildlife and educate the next generation of nature-loving enthusiasts. Check out our Actions page for more ideas on how

But it doesn't end there! Come up with your own ideas and involve

achieving gains for wildlife, why not involve other nearby groups

and begin to create a network of Wilder Community Groups across

you can help wildlife kentwildlifetrust.org.uk/actions

as many people as you can. Once your community group is

Work with a local business or group to improve multiple areas for wildlife.

Learn more



March March XXX

# The facts behind our three categories

#### 1 Protect wildlife

- Around 3 / 4 of crops require pollination by insects.<sup>1</sup>
- 41% of insects face extinction.<sup>2</sup>
- 30 to 50% of all species could be extinct by mid-century.<sup>3</sup>

#### 2 Sustainability and carbon reduction

- The average hamburger takes 2,400 litres of water to produce.<sup>4</sup>
- Lighting accounts for 15% of global electricity use. Switching to LEDs will use 90% less energy and last longer than standard lights.<sup>5</sup>
- Decomposing matter in landfills produces methane gas, which contributes 34x more to climate change than CO2.<sup>6</sup>
- Recycling one ton of paper saves 2,548 litres of oil, 26,498 litres of water and 2.5 cubic metres of landfill space.<sup>7</sup>
- Recycling one ton of paper saves 17 trees.<sup>8</sup>

#### **3** Engage with nature

- 95% of participants with low levels of mental wellbeing reported an improvement in their mental health in six weeks after starting a Wildlife Trust programme.<sup>9</sup>
- Of 87 schools, 92% reported outdoor learning improved pupil health and wellbeing and engaged pupils with learning.<sup>10</sup>
- Of 448 pupils, 90% reported they felt happier and healthier.<sup>11</sup>

#### <u>References</u>

- 1. The Wildlife Trusts
- wildlifetrusts.org/take-action-insects
  dosomething.org/us/

sumas.ch/sustainability-statistics
 6, 7, 8. sumas.ch/sustainability-facts/
 A Natural Health Service Report 2019
 10, 11. Natural Connections Project, LOtC

# Submitting your application

Our awards acknowledge the work of community groups that are helping adults and children reconnect with nature. Their action benefits us locally and helps tackle the globa environmental threats we all face.

Throughout your journey, please fill in your submission form to keep track of how you are meeting each of our awards' criteria. All the while, ensure you are collecting supporting evidence. Your evidence may include photos and videos, reports, data, other certificates or press coverage.

Once you have filled out your submission form and gathered your evidence, you are ready to submit! Contact us for help or alternative methods <u>awards@kentwildlife.org.uk</u>.

#### Upload your evidence:



#### kwtg.uk/upload-evidence

To be considered for the 2024 award ceremony, all supporting evidence must be submitted to us by **Friday 31**<sup>st</sup> **May 2024.** 

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